

Life steps

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## PROFESSIONAL LIFE STEPS

### Management positions

Head of Swiss Olympic Medical Center SOMC Schulthessklinik Founder and Chief Physician	2001 – 2002
Swiss Olympic Medical Base SOMB Sport Clinic Zurich Chief physician and co-development	2003 – 2013
Swiss Olympic Medical Base SOMB medbase Zurich Founder and chief physician med-athletics, Zurich	2013 – 2016 2016 – 2019
Founder and chief physician med-prime, Zurich	2019 – 2021
Founder and chief physician med-sportiv, Zurich	2017 – heute

### Medical training

Academic Studies in biology, sports science, human medicine

## Life steps

Universities of Freiburg (D), Padova (IT), Hamburg (D)	1982 – 1993
Dissertation: Evaluation of anterior cruciate ligament techniques, clinically and in MRI 1	1988
Internships e.g. in Soweto, Baragwanath Hospital, Johannesburg (SA)	1991 – 1992
Assistent Surgeon BWK Hamburg und BWK Ulm (D)	1993 – 1996
Resident in Medicine at the Wattwil Hospital (CH)	1996 – 1998
Assistent Surgeon at the Wetzikon Hospital (CH)	1998 – 1999
Resident anesthesiologist and emergency physician GZO Wetzikon Hospital	1999 – 2000

## Further training

Specialist certificate in emergency medicine	1995
FMH Specialist in General and Internal Medicine	2000
Specialist in manual medicine SAMM	2001
Specialist in sports medicine SGSM	2001
Specialist knowledge in interventional pain medicineSSIPM	2015

## Athletes and Club support in Zurich

National ski jumping team doctor SwissSki Including several years of coaching Simon Ammann (4 Gold Medals)	2000 – 2010
Physician of the Zurich Dance Academy ZHdK	2004 –2016
Club physician of Zurich's soccer club FCZ , CUP Vicotry,	

## Life steps

European League	2013 – 2015
Kloten Flyers medical teammember	2014 – 2015
Club physician of YF Juventus Zurich	2015 – current
Ring doctor and doctor at various boxing and thai boxing events	2013 – current
Many years of close support for athletes in football/soccer, athletics, triathlon, tennis, ballet, boxing, Thai boxing, car racing (24h), alpine skiing, bobsleigh currently top european athletes	

## Personal Motto

Fast – diagnosis and treatment

Healthy – treatment with «no or low risk», “no nonsense medicine”

Longlasting – treatment which works early and for up to many years, based on the potential of each body, natural healing stimulating

Loves culture, the diversity of the world, outdoors and sport with all its facets and emotions:

FREE SKIING und Telemark (my favorite and best), formerly semi-professional athletics mid-distance (up to 20km), tennis (love it but could be better), soccer (veteran with youthful professional commitment, technically however a disaster), triathlon (formerly very good) and simply jogging